

LESSON AIM: To demonstrate that God is the creator and everything He created He designed for a specific purpose. We are not here by accident!

KEY VERSE: **Genesis 1:1** – *“In the beginning God created the heavens and the earth.”*

REVIEW QUESTIONS:

- 1) How many books are in the Bible?
- 2) How many are in the Old Testament? New Testament?
- 3) How many different people helped write the Bible?
- 4) Review last week’s memory verse. Encourage kids to explain it in their own words.

INTRODUCTION:

- Bring to class with you several household objects that were designed (or “created”) with a specific **purpose**. (Suggestions: A watch, a smart phone, a painting, a specific fancy article of clothing, or something you have made with your hands, etc..)
- Explain to the class that each item began as an idea or thought in someone's mind and then became a working model (often with a lot of “trial and error”) and finally a fully functional “gadget”. In the example of the painting or hand-crafted item explain that as the item was being made it wasn't easy to tell at first what it was, but the “maker or creator” knew what it was going to be all along, and he or she knew exactly what it would look like when it was completed.
- After you have explained the preceding, ask the kids if any of these items just “accidentally” happened. What will really make this question effective is to have a box of small watch parts from a completely dismantled watch (or parts from an old phone you can take apart) and ask the class if these parts could “accidentally” be “shaken” together into a perfectly working smartphone. (you can be really creative with this!) After you have established the fact that nothing is “accidentally” created, then tell the class that each one of them were intricately designed and created by God. We are not accidents, we are divine creations!

LESSON:

Read **Genesis 1:1** - (You might want the class to read it out loud with you). Briefly explain that God created the earth, the sun, moon and stars and everything in the plant and animal kingdoms. Everything from the smallest microscopic insect to the behemoth dinosaur to the billions of stars, God created it. Explain to them that word “create” means “to make something out of nothing”.

Take a few minutes to explore how amazing our bodies are designed as human beings! (see attached sheet) Have the kids contribute to the conversation by thinking of the amazing things our bodies can do. You can prompt them by asking them about our bones, muscles, organs, eyes, ears, nose, mouth, the senses, etc.! (Mention that we could go on and on for days talking about how amazing our bodies are designed, we are pretty incredible creations!) And even with all the technology in the world, mankind still has not been able to “create” life as God created us.

Everything that God made was perfect, even the first man and woman whose names were Adam

and Eve. Adam and Eve lived in a special Garden that God designed for them. There was no sickness or death, all the animals were friendly . . . you could even pet the lions! Storms, hurricanes, or earthquakes were unheard of. In fact, it never rained; instead a special mist watered all the plants early each morning. It was God's purpose that Adam and Eve would be happy and that they would choose to love Him. Everyday, as they explored the garden they would discover new things about God's "creative genius". Each night they would talk with God face to face because He would come and walk with them in the garden. It was during those evening visits they learned that God loved them very much.

Adam and Eve had a very special relationship with God; he was their creator, their maker and their friend. There was only one rule: Adam and Eve could not eat the fruit from a certain tree in the garden called the tree of knowledge of good and evil. Next week we will find out why we have death, sickness, suffering, and all kinds of evil in this world...

Spend some time discussing the aspect of creation with the students and allow them to talk and process the scriptures, they will have lots of questions! Be careful to not spend too much time on "rabbit hole" questions that can go on and on, but focus on these topics: (You can always tell a student that you can talk more about his question at the end of class or after class if it is a topic that will distract from the main lesson, but make sure you still acknowledge the importance of their questions!)

- Where did the world and everything in it originally come from? (*Gen. 1:1*).
- What does the word "create mean? (*to make something from nothing*)
- Why is the question of where we came from so important? (*Because if God makes us, he has the right to tell us what to do and show us what we were created to do! Etc...*)
- What do we need before we begin to make something? (*a design, a plan...*)
- What was God's purpose in creating us with a free will or a "choice"? (*That we would freely choose to love Him and have special relationship with Him.*)

MEMORY VERSE:

(Even year):

"In the beginning God created the heavens and the earth." Genesis 1:1

(Odd year):

"I will praise You because I am fearfully and wonderfully made." Psalm 139:14

The human body is estimated to have 60,000 miles of blood vessels. To put that in perspective, the distance around the earth is about 25,000 miles, making the distance your blood vessels could travel if laid end to end more than two times around the earth.

Sneezes regularly exceed 100 mph. There's a good reason why you can't keep your eyes open when you sneeze—that sneeze is rocketing out of your body at close to 100 mph. This is, of course, a good reason to cover your mouth when you sneeze.

Coughs clock in at about 60 mph. Viruses and colds get spread around the office and the classroom quickly during cold and flu season. With 60 mph coughs spraying germs far and wide, it's no wonder!

During your lifetime, you will produce enough saliva to fill two swimming pools. Saliva plays an important part in beginning the digestive process and keeping the mouth lubricated, and your mouth produces quite a bit of it on a daily basis.

Your nose can remember 50,000 different scents. While a bloodhound's nose may be a million times more sensitive than a human's, that doesn't mean that the human sense of smell is useless. Humans can identify a wide variety of scents and many are strongly tied to memories.

You use 200 muscles to take one step. Depending on how you divide up muscle groups, just to take a single step you use somewhere in the neighborhood of 200 muscles. That's a lot of work for the muscles considering most of us take about 10,000 steps a day!

Every day an adult body produces 300 billion new cells. Your body not only needs energy to keep your organs up and running but also to constantly repair and build new cells to form the building blocks of your body itself.

- Every Finger print, toe print and even our tongue print is unique!
- There are about 9,000 taste buds on the surface of the tongue, in the throat, and on the roof of the mouth.
- Throughout your life, the amount of saliva you have could fill two swimming pools!
- Your eyes blink over 27,397 times a day!
- Blinking helps to wash tears over our eyeballs. That keeps them clean and moist!
- It's impossible to sneeze with our eyes open!
- Did you know it's impossible to hum with your nose plugged?
- Our eyelashes help to keep dirt out of our eyes. Our eyebrows are made to keep sweat from running into our eyes.
- Our lungs inhale over 2 million liters of air every day, without even thinking!
- During a 24 hour period, the average human will breathe 23,040 times!
- On a clear night, the human eye can see between 2,000 to 3,000 stars in the sky.
- A human heart pumps enough blood to fill 100 swimming pools in an average lifetime. In the same amount of time, it will beat almost 3 billion times!
- Your right lung is bigger than the left lung. The left lung is smaller to make room for your heart!
- It takes 20 seconds for a red blood cell to circle the whole body!
- Did you know that our fingers don't have any muscles? The muscles which move our finger joints are located in the palm and up in the forearm!